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EXT: Regarding the Japanese publication on life design workbook



Shujiro Mizuno <smizun10.sm@gmail.com>

Thu 9/2/2021 8:12 AM

To: Savickas, Mark

Cc: 長谷川能扶子 <nobuko@c-mind.jp>

Dear Dr. Mark L. Savickas,

It is our delight to tell you that we published the career counseling workbook on life design counseling.

The book is composed of four parts as follows.

The first part consists of 7 lessons to know oneself.

The second part consists of 7 lessons to compose one's life scenario.

The third part consists of 7 lessons to design one's life career.

The fourth part consists of 7 lessons to carry out one's plan in career.